

CAMP INDOGAN SEXUAL ABUSE TRAINING

Camp Indogan is a great place for kids to learn about God and Jesus in a wholesome, safe environment. The Camper is our main focus in both safety and spiritual needs. Therefore, the Board of Directors of Camp Indogan take this very seriously and are putting forth this training and these procedures in the event Sexual Abuse occurs, and for the prevention of its occurrence.

The best way to deter this kind of offender is to develop an environment that puts the offender at risk, rather than the child. A thorough screening program, proper supervision and accountability will discourage this type of offender.

All Staff members, as well as counselors in cabins, the kitchen staff, and the support staff, must take this training, fill out the certificate, sign it and then submit it to the Director of their session. Failure to do so will hinder their ability to work at any camp session at Camp Indogan.

In addition to this training, all staff that serves the campers in any capacity will be subject to a Sex Offenders Background Check within the state in which they reside. This will be administrated by the Session Director prior to the staff member arriving at the beginning of the Camp Session.

The completed training certificate and the background check will be kept on file at the Camp and must be renewed each year before working at Camp Indogan.

Child Protection Training

The purpose of this training course to provide all staff, volunteers counselors and leadership with a clear understanding of how to recognize, reduce, prevent and report suspected sexual abuse or molestation while at camp.

This course is divided into four sections. The sections are as follows: A.

The Definitions and Effects of Sexual Abuse and Child Molestation

B. Typical Patterns and Methods of Operation of a Child Molester

C. Signs, Symptoms and Reporting of Suspected Sexual Abuse

D. Recommended Procedures to Reduce, Prevent and Report Suspected Abuse or molestation of Campers.

Section A: The Definitions and Effects of Sexual Abuse and Child Molestation

The purpose of Section A is to clearly define what constitutes sexual abuse and child molestation. The section will also identify the different types of abuse as well as the effects of child abuse.

The precise legal definition of child sexual abuse or molestation varies from state to state, but in general includes any form of sexual contact or exploitation in which a minor is being used for the sexual stimulation of the perpetrator. In this training, the terms molestation and sexual abuse will be used interchangeably.

(4) Child—A person under 18 years of age who is not and has not been married or who has not had the disabilities of minority removed for general purposes.

(22) Sexual abuse—Any sexual activity, including any involuntary or nonconsensual sexual conduct that would constitute an offense under the Penal Code 21.08 (indecent exposure) or Chapter 22 (assaulting offenses), involving a facility and a patient or client. Sexual activity includes but is not limited to kissing, hugging, stroking, or fondling with sexual intent; oral sex or sexual intercourse; and request, suggestion or encouragement for the performance of sex.

Child sexual abuse may be violent or non-violent. All child sexual abuse is an exploitation of a child's vulnerability and powerlessness in which the abuser is fully responsible for the actions.

SEX OFFENSES

IC 35-42-4-5 (P.L. 123, §1)

PERFORMING SEXUAL CONDUCT

Adds sexual intercourse and deviate sexual conduct to list of prohibited acts under Performing Sexual Conduct in the Presence of a Minor (Class D Felony):

(c) A person eighteen (18) years of age or older who knowingly or intentionally: (1) engages in sexual intercourse; (2) engages in deviate sexual conduct; or (3) touches or fondles himself; the person's own body; in the presence of a child less than fourteen (14) years of age with the intent to arouse or satisfy the sexual desires of the child or the older person commits fondling performing sexual conduct in the presence of a minor, a Class D felony.

IC 35-45-4-1 (P.L. 123, §2)

PUBLIC INDECENCY

Now requires "nudity" to be "with intent to arouse sexual desires," or "with intent to be seen" by a child less than 16. Otherwise, it is not Public Indecency unless it involves fondling genitals or engaging in

intercourse/deviate sexual conduct. (The object of this change was to exclude those who are caught merely urinating on side of the road. See Indecent Exposure)

"(a) A person who knowingly or intentionally, in a public place: (1) engages in sexual intercourse; (2) engages in deviate sexual conduct; (3) appears in a state of nudity **with the intent to arouse the sexual desires of the person or another person**; or (4) fondles the person's genitals or the genitals of another person; commits public indecency, a Class A misdemeanor.

"(b) A person at least eighteen (18) years of age who knowingly or intentionally, in a public place, appears in a state of nudity with the intent to be seen by a child less than sixteen (16) years of age commits public indecency, a Class A misdemeanor."

Allows for enhancement to Class D Felony if prior unrelated conviction.

IC 35-45-4-1 (P.L. 123, §2) INDECENT EXPOSURE

Adds "nudity" to list of prohibited activities.

"(e) A person who, in a place other than a public place, with the intent to be seen by persons other than invitees and occupants of that place: (1) engages in sexual intercourse; (2) engages in deviate sexual conduct; or (3) fondles the person's genitals or the genitals of another person; **or (4) appears in a state of nudity**; where the person can be seen by persons other than invitees and occupants of that place commits indecent exposure, a Class C misdemeanor."

IC 35-45-4-1.5 (P.L. 123, §3) PUBLIC NUDITY

CREATES A NEW CRIME OF PUBLIC NUDITY.

"A person who knowingly or intentionally appears in a public place in a state of nudity commits public nudity, a Class C misdemeanor.

Class B Misdemeanor if "with the intent to be seen by another person."

Class A Misdemeanor if on school grounds, in public park, or with intent to arouse on DNR property.

Class D Felony if prior unrelated conviction.

"Nudity" means the showing of the human male or female genitals, pubic area, or buttocks with less than a fully opaque covering, the showing of the female breast with less than a fully opaque covering of any part of the nipple, or the showing of covered male genitals in a discernibly turgid state.

What crime has been committed?: Urinating on side of road; Streaking or flashing; Sex acts in public; Nude in front of picture window.

Child sexual abuse or molestation is CRIMINAL BEHAVIOR that involves children in sexual behaviors for which they are not personally, socially, and developmentally ready. **Types of**

Abuse

- **Physical Abuse**—includes bodily harm or injury caused by blows or harmful substances, as well as exposure to unreasonable risk of harm or injury.
- **Emotional and Psychological Maltreatment**—attacks a child’s self-image, often through labels and ridicule.
- **Neglect**—is the failure to provide for a child’s physical, medical, emotional, and safety needs.
- **Sexual Abuse**—can occur through showing and communicating as well as through touching. Not only forced activity, but also permission and persuasion, can be abusive.
 - Non-touching sexual abuse offenses include:
 1. Indecent exposure / exhibitionism THIS INCLUDES “MOONING”
 2. Exposing children to pornographic material
 3. Deliberately exposing a child to the act of sexual intercourse
 4. Masturbation in front of a child
 - Touching sexual offenses include:
 1. Fondling
 2. Making a child touch an adult sexual organ(s)
 3. Any penetration of a child’s vagina or anus by an object that doesn’t have a medical purpose
- **Other types of abuse**—include abandonment and threats of harm.
(From Church Mutual Safety Tips on a Sensitive Subject: Child Sexual Abuse)

Effects of Child Abuse

“Studies have shown that abuse and neglect may negatively affect children’s physical, cognitive, emotional, and social development, resulting in aggressiveness, anxiousness, the inability to control emotions, depression, and learning difficulties, among other problems.”
(from AWANA Child Protection Policy Training)

Victims of child abuse often suffer from:

- Inability to trust, which leads to problems in relationships
- Feelings of guilt, anger, and low self-esteem
- A tendency toward alcohol and drug abuse
- Eating disorders
- Suicidal thoughts and suicide

These effects continue long after the abuse has stopped, even into adulthood.

Victims of child abuse also tend to:

- Engage in criminal activity at a higher rate than the general population.
- More likely than others to engage in risky sexual behavior.

However, the greatest loss to society comes from lost innocence, lost joy, lost hope, and lost potential. In the life of a child, it may mean loss of faith and trust in God.

Section B:

Typical Patterns and Methods of Operation of Child Molesters

The purpose of Section B is to identify typical patterns and methods of operation of child abusers.

A child molester is described as a person older than the victim, male or female, which experiences any type of sexual act with a child. The majority of child molesters are male.

When young children are close in age (no more than a 3 year age span) sexual contact is called camper-to-camper (peer-to-peer) contact. In many cases this is normal childhood behavior, particularly in younger children. In other cases, especially with more than a 3 year age difference or children that are pubescent, molestation may be involved. Any case of sexual contact, regardless of the age of the child, is to be reported to the licensed youth camp operator (camp manager) immediately. He/she will make the determination of the appropriate action to take.

Who is the typical child molester?

Often camps, churches and communities fall victim to the "Stranger Danger" by believing that molesters are "dirty old men" or "strangers in trench coats." These stereotypes are not only inaccurate but dangerous as they allow a false sense of security. Often the public becomes obsessed with the stereotype while never suspecting the real molester may be a respected member of the church, camp staff or community.

There are two types of child molesters, **preferential offenders** and **situational offenders**.

Preferential Offenders

- Have a particular sexual preference for children of a particular age, gender or a child with specific physical characteristics.
- Extremely dangerous because of their predatory nature.
- Proactive in seeking their victim and aggressively engage in bold and repeated attempts to molest a child.
- Invest significant amounts of time, energy, money and other resources to fulfill their sexual desires.
- Have excessive interest in children, seek access to children, and frequently move to avoid capture.
- May maintain pornographic collections and photograph children and/or their victims.

This type of offender may appear to be the ideal children's/youth worker. They enjoy children and socialize well among children. One preferential offender may have hundreds of victims in a lifetime.

Situational Sex Offenders

Far more situational offenders exist in society than preferential sex offenders but they have fewer victims.

Situational Offenders:

- Are opportunists engaging in misconduct when the opportunity presents itself.
- Are indiscriminate concerning whom they molest and act completely on impulse.

An example of a situational sex offender would be a youth worker who plans various activities for his youth. After the meeting he takes several of the students home following the activity. The last person to be dropped off is a young girl who comes from a dysfunctional family. A pattern develops where the offender and the girl sit in the car and talk for an extended period of time. One thing leads to another, the opportunity presents itself and the youth worker has a sexual relationship with the girl.

To reduce the risk of situational molestation, camps must create an environment of accountability. Screening and supervision are the two key strategies to establish such an environment and, in turn reduce the risk of sexual molestation.

Methods of Operation

Sexual predators could employ any of the following methods or strategies to gain access to a child.

- **Seduction**—The molester usually is known to the child. He spends time with the child and normally is trusted by the child. The initial contact with the child is non-sexual but over time advances to be sexual in nature. Molesters may use pornography to lower the sexual inhibitions of the child. The abuser may also use a technique called “grooming”.
 - “Grooming is a gradual and subtle process, and one that has extraordinary power, desensitizing the victim to increasingly inappropriate behavior while rewarding the victim for tolerance of that behavior.” (Where Wolves Wear Shepherds’ Clothing: Helping Women Survive Sexual Abuse, Diana Garland, Ph.D. LMSW-APC, ACSW, and Sheri Ferguson, LCSW, LMFT)
- **Trickery**—Molesters are creative in using the natural desires of a child. Children see adults as authority figures; children are naturally curious and need attention and affection. A molester may use these natural tendencies to trick the child into a situation where these molestations can occur. Molesters will isolate a child from adult supervision where they will be more vulnerable to molestation.

Force—Usually there is little a child can do to resist force. When force is used the child rarely is acquainted with the molester.

- **Secrecy** is the common thread in these methods of operation. Secrecy is maintained by several methods they include but are not limited to:
 - Bribery—This could include gifts, animals or any favors that interest a child.
 - Blame—The molester tells the child they are at fault for what has happened.
 - Embarrassment—Children realize that what has taken place is wrong.
 - Loss of Affection—Often the molester is a person that is loved by the child.
 - Displaced Responsibility—The child blames themselves for the molestation.
 - Threats—Molester will threaten the child or someone in the child’s family with physical harm.

Signs to Watch For

- Workers who spend an exorbitant amount of time with kids
- Adults who prefer the company of children to adult relationships
- Adult who singles out one child for “special” attention
- Seems to spend money on other people’s kids
- Owns children’s books, games, and toys even though he/she has no children

Section C: Signs, Symptoms and Reporting of Suspected Sexual Abuse

This section will teach warning signs and symptoms of sexual abuse or child molestation, recognition of these signs as well as recommended methods of reporting suspected abuse.

Sometimes there may be signs of sexual abuse even if a child or youth does not speak to you about it. There are many symptoms to look for that may indicate that abuse has occurred, especially if more than one symptom is present.

Listed below are some symptoms that may present themselves in a child or youth that is being abused sexually or otherwise. Many times an individual, that does not know the child well, may not recognize changes in the child’s behavioral patterns. People that spend time on a regular basis with the particular child may more easily recognize the changes. Often times a child may not report abuse; therefore, we must look for symptoms. Children who have been abused may exhibit several symptoms or no symptoms. Pay attention when a child exhibits these symptoms:

Symptoms/Signs of Sexual Abuse

- Inappropriate interest in or knowledge of sexual acts
- Seductiveness
- Avoidance of things related to sexuality, or rejection of own genitals or bodies
- Nightmares and bed wetting
- Drastic changes in appetite

- Over compliance or excessive aggression
- Fear of a particular person or family member
- Withdrawal, secretiveness, or depression
- Suicidal behavior
- Eating disorders
- Self-injury
- Torn, stained, or bloody underwear
- Pain or itching in the genital area
- Bruises or bleeding of the genitalia
- Inappropriate sex play with peers or toys
- Fascination with pornography
- Fear of touch
- Abuse of animals
- Masturbation in public
- Apprehension when sexual abuse is mentioned
- Cross dressing

This list of symptoms may be a serious indicator of sexual abuse and a person noticing these symptoms should pay particular attention to a child that exhibits them. The presence of any of these behaviors may indicate that sexual abuse has occurred. These behaviors are not, in and of themselves, conclusive evidence that a child has been abused.

Did You Know?

- Most children are abused by people they know.
- Many people are afraid of reporting sexual abuse.
- Most sexual abuse is probably never reported to authorities.
- Possibly one in three cases of child sexual abuse is not remembered by the adults who experienced the abuse as a child. The younger the child at the time of the abuse and the closer the relationship to the abuser, the less likely the individual as an adult, will remember the abuse.
- Other children are often the perpetrators of child abuse, especially if they have been abused themselves.

Other Signs to Watch For

- Workers who spend an exorbitant amount of time with kids
- Workers who prefer the company of children to adult relationships
- Workers who singles out one child for “special” attention
- Workers who spend inappropriate amounts of money on other people’s kids
- Workers who own children’s books, games, and toys even though he/she has no children
- Workers who spend a lot of time on the internet/computer
- Workers who accountability

How to Report Suspected Abuse While at Camp

- a. Remove child from immediate danger, call “911” only if an extreme emergency exists.
- b. Immediately report suspected abuse to the Director of the session.
- c. The Director removes the suspected abuser from any contact with campers.
- e. The Director calls the President, First-Vice President, and 2nd Vice- President.
- f. The President or Vice President will call Child Protective services.
- g. The witness to the suspected abuse completes an Incident Report Form, gathering as many details as possible.
- h. Parental notification will be the responsibility of the President or Vice-President.

Indiana Child Protective Services

1-800-840-8757 Child Support Hotline
1-800-800-5556 Child Abuse and Neglect Hotline

Michigan Child Protective Services

1-855-444-3911

Ohio Child Protective Services

Childhelp 800-422-4453

When reporting suspected abuse, please remember the sensitive nature of this type of report and maintain the highest level of confidentiality.

State law requires all citizens to report suspected abuse.

Failure to Report

1. **Failure to report any child abuse or indecent exposure can be considered a Class B Dismenor**

Section D:

Recommended Rules and Procedures for Youth Camps

In this section we will teach (1) how to avoid being accused of sexual abuse or child molestation, (2) prevention of camper on camper abuse, (3) reporting sexual abuse or molestation, and (4) the need to minimize one on one isolated encounters between adult and minors, or between two minors.

Perhaps the greatest challenge to persons choosing to work with children and youth in Christian camping is when one suspects sexual abuse or child molestation or when one confides that they have been abused or molested.

1. How to Avoid Being Accused of Sexual Abuse or Child Molestation

Barriers to abuse within Christian camping

The following policies are primarily for the protection of campers; however, they also serve to protect adult counselors from false accusations of abuse.

- **Two counselor supervision.** No adult will be allowed to be alone with a camper in an isolated place. In situations that require personal conferences, the meeting is to be conducted in view of other adults.
- **No child or teenager is to sit on the lap of an adult.** No adult is to allow a child or teenager to sit on his/her lap or lie in his/her bed. The only exception would be the parent of the child.
- **No frontal hugs.** An adult from time to time may feel a child's need for hug, in order to support or comfort the child. The adult must use a shoulder to shoulder hug.
- **Respect of privacy.** Adults must respect the privacy of campers in situations such as changing clothes and taking showers. An adult would only intrude to the extent that the health and or safety of the camper would be in question. In the case of safety, one adult may enter the private area, but whenever possible two adults should be present. Campers must also respect the privacy of the adults in these situations. Therefore, it is not permissible for campers or adults to move about in the housing area unclothed.
- **Sleeping accommodations.** Adults should sleep in an area where the highest level of supervision is possible and should not isolate themselves from general view.
- **Appropriate attire.** Adults will at all times be dressed modestly. Clothes such as swimsuits, shorts, and tops are not to be revealing or in anyway draw attention to the breasts, buttocks or genital area.
- **Rough housing or hazing is prohibited.** An adult will not wrestle, tickle, or in anyway engage a child or teenager in an activity where the adult's hands might come in contact with the breasts or genital area of the camper. The adult must be particularly careful about physical contact with campers while in the swimming area. No counselor or camper is to participate in any kind of hazing

or initiation activity. **NOTE: Adult counselors must monitor each other, not to accuse, but to protect each**

2. How to Prevent Camper-to-Camper Abuse

- **Campers-Counselor assignment.** Campers assigned to a counselor should be accounted for at all times.
- **Campers in sleeping areas.** Campers will not be permitted to be in the sleeping area of any camper of the opposite sex.
- **Camper visibility.** No camper will be allowed to be alone with another camper out of sight of an adult or other campers.
- **Sleeping assignments.** Campers are to sleep in his/her assigned bed. Campers are not to sleep together. Beds are not to be arranged in such a way as to make supervision by the counselor impossible.

- **Adult supervision.** Adults are to supervise all activities of the camper, both organized and unorganized. The camper is not allowed to enter into any bullying activities.
- **Supervision during swim activities.** Close supervision by adults during all swim activities is mandatory. Close attention should be paid to the activities of couples in the swim area.
- **Older campers.** Older campers who tend to spend a great deal of time with younger campers should be encouraged to engage in activities with their appropriate peer group.
- **Reporting by a camper.** When a camper reports a situation that makes him/her uncomfortable, the counselor must take action to protect the camper.

3. Reporting of Sexual Abuse and Molestation at Camp

The adult who has witnessed or who becomes aware of any form of abuse of a camper must inform the Session Director immediately

- **Investigation of allegations.** Counselors are not to investigate the allegation. Counselors are to report the information to the Director of the session immediately.
- **Reporting.** The counselor is to submit to the Session Director as quickly as possible, a written report of how he/she gained knowledge of the allegation.
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Office of General Counsel Investigation Section

Remember, when a child or teenager confides in you, allow him/her to feel that you care, are listening, and will do what is necessary to be of help. It helps to sit at eye-level, keeping your conversation from being overheard by others. It is not your role to question or determine the facts or to suggest that he/she was or was not abused. Let the student know how much you admire the courage and confidence it took to share what has happened.

Child Protection Policy Exam

Section A: True / False

1. _____ Sexual abuse can occur without touching.
2. _____ Abuse and neglect may negatively affect a child's emotional and social development.
3. _____ Exposing a child to pornographic material is not considered abuse.
4. _____ Not only forced activity, but persuasion can be considered abusive.
5. _____ Victims of child abuse often suffer from fear, guilt and anger.
6. _____ "Child" is defined as anyone, unmarried under the age of 16.
7. _____ Sexual abuse may negatively effect a child for their entire lives

Section B:

8. Situational offenders are:
 - a. Opportunists
 - b. Exhibitionists
 - c. Chauvinistic
9. Molesters and child abusers are usually:
 - a. A respected member of the community, and known by the child
 - b. Strangers in trench coats
 - c. Over 50 years of age
10. Molesters can "groom" a child by:
 - a. Threatening the child
 - b. Offering gifts or favors to gain the trust of the child
 - c. Forcing the child to participate in sexual conduct
11. A molester tries to insure secrecy by:
 - a. Accepting responsibility for his actions
 - b. Threats, bribery or blame
 - c. Encouraging the child to discuss his fears with trusted friends
12. An offender often:
 - a. Notifies the church or camp that he has offended in the past
 - b. Asks for accountability from peers for abusive behavior
 - c. Seeks involvement in child related situations
13. Statistics indicate most molesters are:
 - a. Male
 - b. Female
 - c. Female cousins

Section C:

14. Which of the following behaviors is not a sign of possible abuse?
- Fear of a certain person or family member
 - Torn stained or bloody underwear
 - Is a top athlete
15. Identify which action "does not" indicate a form of sexual abuse:
- Allowing a child to view pornography
 - Touching the chest, stomach, genital area, buttocks or upper legs.
 - Shoulder to shoulder hugs
16. You are the sponsor for a child that tells you that she has been forced to watch pornographic movies by an adult, should you report this?
- Yes, immediately
 - No, because suspected abuse did not occur at camp
 - Sometimes, but only when you have concluded the child's story is true
17. When reporting sexual abuse, you must report incidents even if you cannot confirm the report of abuse is true.
- True
 - False
 - Only if you are reasonably sure it is true
18. Which of the following would not be considered a warning sign of a potential abuser?
- Adults who single out one child for "special" attention
 - Adult who like to work with youth
 - Adults who own children's books, toys and games even though he/she has no children
19. When abuse is strongly suspected, a camp counselor should:
- Interview everyone in the cabin
 - Maintain the highest level of confidentiality while reporting to the licensed camp operator
 - Ignore your suspicions and don't get involved

Section D:

20. Which location is most appropriate to meet a camper for counseling?
- a. A semi-private area easily seen by others
 - b. Alone in the church van
 - c. Behind the worship center in the dark
21. Which example is not an example of a camper's privacy?
- a. Watching campers change clothes
 - b. Walking with a camper to the worship center
 - c. Laying in the bed of a camper
22. When reporting sexual abuse at camp what is your responsibility?
- a. Notify your Licensed Youth Camp Operator (Camp Manager)
 - b. Get help even if you have to leave the camper in danger
 - c. Investigate allegations
23. Which are inappropriate behaviors?
- a. Wrestling and tickling
 - b. Full frontal hugs or waist hugging
 - c. All of the above
24. Close supervision by adults during all swim activities is a.
- a. Requested
 - b. Mandatory
 - c. A good idea
25. What is the purpose of this training?
- a. Need to fill a time slot
 - b. Safety and protection of our children, churches, and camp
 - c. To discourage working with children and youth

Exam Key

Section A

- 1. True**
- 2. True**
- 3. False**
- 4. True**
- 5. True**
- 6. False**
- 7. True**

Section B

- 8. a**
- 9. a**
- 10. b**
- 11. b**
- 12. c**
- 13. a**

Section C

- 14. c**
- 15. c**
- 16. a**
- 17. a**
- 18. b**
- 19. b**

Section D

- 20. a**
- 21. b**
- 22. a**
- 23. c**
- 24. b**
- 25. b**